



JKC Child Care Lunch Menu

January
2025

Fresh Vegetable Choices and Seasonal Fruit
Are Offered Daily on the Fruit & Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>30</p> <p>Whole grain rich items are served with each meal and marked with a dot.</p>	<p>31</p>	<p>1</p> <p>Happy New Year 2025 2025 2025 2025 2025</p>	<p>2</p> <ul style="list-style-type: none"> Chicken Tacos Refried Beans Canned Fruit 1% Unflavored Milk 	<p>3</p> <ul style="list-style-type: none"> Grilled Ham & Cheese Sandwich Steamed Green Beans Canned Fruit 1% Unflavored Milk
<p>6</p> <ul style="list-style-type: none"> BBQ Chicken Sandwich French Fries Canned Fruit 1% Unflavored Milk <p>What Gets shorter as it grows older?</p> <p>A Candle</p>	<p>7</p> <ul style="list-style-type: none"> French Toast Sticks Sausage Patty Roasted Corn Canned Fruit Choice of Milk 	<p>8</p> <ul style="list-style-type: none"> Chicken & Gravy Whole Grain Dinner Roll Mashed Potatoes Gravy Canned Fruit 1% Unflavored Milk 	<p>9</p> <ul style="list-style-type: none"> BBQ Pulled Pork Sandwich Baked Beans, Vegetarian Canned Fruit 1% Unflavored Milk 	<p>10</p> <ul style="list-style-type: none"> Pepperoni Pizza Steamed Green Beans Canned Fruit 1% Unflavored Milk
<p>13</p> <ul style="list-style-type: none"> Pizza Bake Whole Grain Dinner Roll Steamed Green Beans Canned Fruit 1% Unflavored Milk <p>The more there is the less you see. What is it?</p> <p>Darkness</p>	<p>14</p> <ul style="list-style-type: none"> Pasta w/Hearty Meat Sauce Garlic Toast Roasted Corn Canned Fruit 1% Unflavored Milk 	<p>15</p> <ul style="list-style-type: none"> BBQ Chicken Sandwich Baked Beans, Vegetarian Canned Fruit 1% Unflavored Milk 	<p>16</p> <ul style="list-style-type: none"> Grilled Ham & Cheese Sandwich Steamed Broccoli Canned Fruit 1% Unflavored Milk 	<p>17</p> <ul style="list-style-type: none"> Cheese Pizza Peas & Carrots Canned Fruit 1% Unflavored Milk
<p>20 Martin Luther King Day</p> <ul style="list-style-type: none"> Bun, Hamburger WG White Wheat French Fries Canned Fruit 1% Unflavored Milk <p>What has many keys but cannot open a single lock?</p> <p>A Piano</p>	<p>21</p> <ul style="list-style-type: none"> Crispy Chicken Sandwich Baked Beans, Vegetarian Canned Fruit 1% Unflavored Milk 	<p>22</p> <ul style="list-style-type: none"> Crispy Chicken Nuggets Whole Grain Dinner Roll Mashed Potatoes Gravy Canned Fruit 1% Unflavored Milk 	<p>23</p> <ul style="list-style-type: none"> Creamy Macaroni & Cheese Whole Grain Dinner Roll Roasted Carrots Canned Fruit 1% Unflavored Milk 	<p>24</p> <ul style="list-style-type: none"> Cheese Pizza Roasted Broccoli Canned Fruit 1% Unflavored Milk
<p>27</p> <ul style="list-style-type: none"> Grilled Ham & Cheese Sandwich Garlic & Herb Broccoli Canned Fruit 1% Unflavored Milk <p>What is so fragile that saying its name breaks it?</p> <p>Silence</p>	<p>28</p> <ul style="list-style-type: none"> French Toast Sticks Sausage Patty Roasted Corn Canned Fruit 1% Unflavored Milk 	<p>29</p> <ul style="list-style-type: none"> Chicken Tacos Refried Beans Canned Fruit 1% Unflavored Milk 	<p>30</p> <ul style="list-style-type: none"> Sloppy Joe on a Bun Roasted Broccoli Canned Fruit 1% Unflavored Milk 	<p>31</p> <ul style="list-style-type: none"> Country Fried Chicken and Gravy Whole Grain Dinner Roll Mashed Potatoes Glazed Carrots Canned Fruit 1% Unflavored Milk

PRICES

Elementary	Free
Secondary	Free
Adult	\$5.00
Extra Milk	\$0.50
Extra Entree	\$2.00

EXTRA INFO

Milk choice of 1% White, Skim, or Chocolate Skim is included with lunch. Infants and toddlers are offered whole unflavored milk. For questions or comments, contact the FSD Patty Viaene at: pviaene@bjeaguars.org or call 320-254-8211 ext. 2163

HARVEST OF



THE MONTH

Your MENUS plus more information on our app
Taher Food4Life®



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